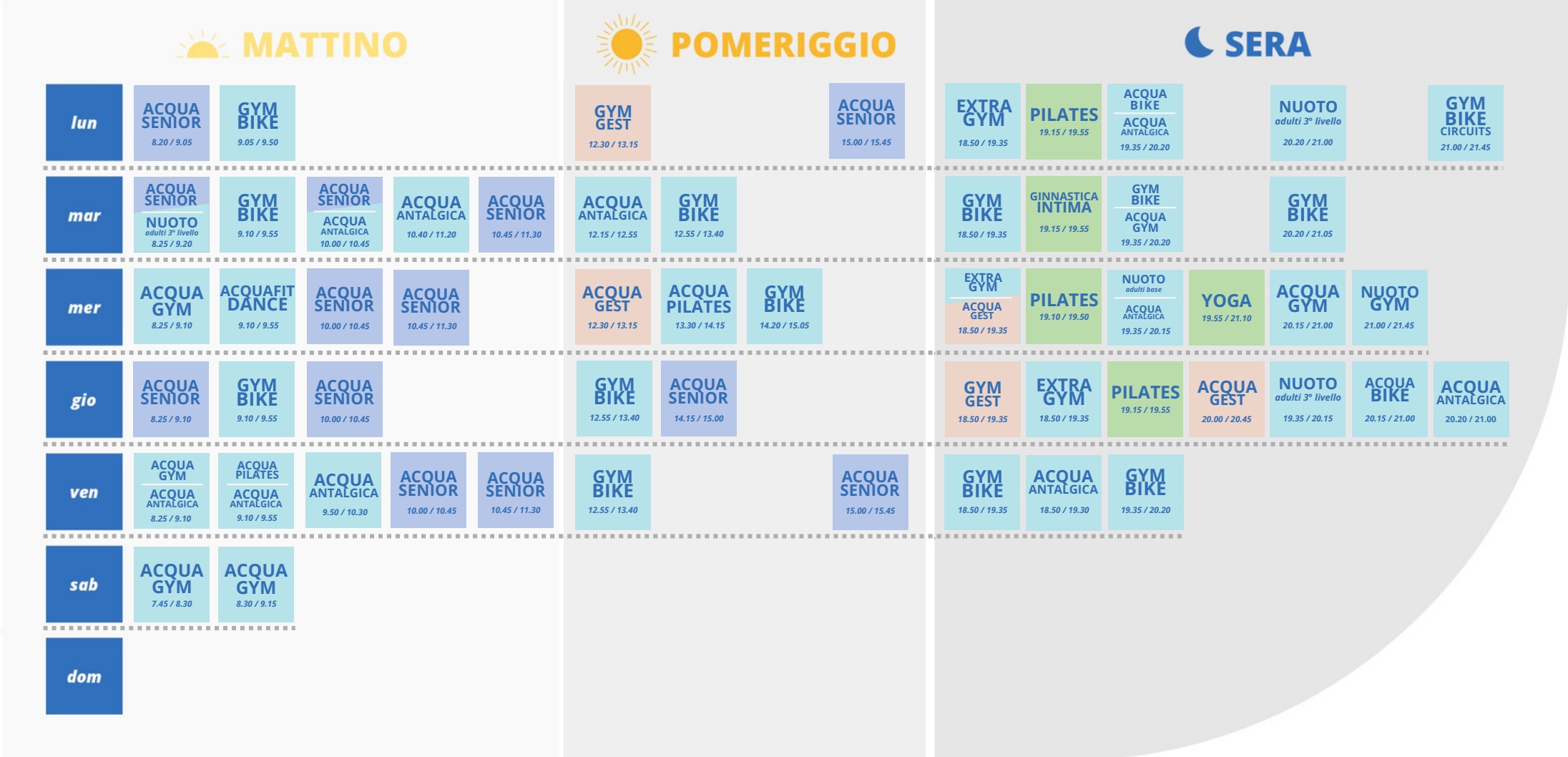
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lun
ACQUA SENIOR 8.20 / 9.05
GYM BIKE 9.05 / 9.50
GYM GEST 12.30 / 13.15
ACQUA SENIOR 15.00 / 15.45
EXTRA GYM 18.50 / 19.35
PILATES 19.15 / 19.55
ACQUA BIKE
ACQUA ANTALGICA 19.35 / 20.20
NUOTO adulti 3° livello 20.20 / 21.00
GYM BIKE CIRCUITS 21.00 / 21.45
mar
ACQUA SENIOR
NUOTO adulti 3° livello 8.25 / 9.20
GYM BIKE 9.10 / 9.55
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GYM BIKE 19.35 / 20.20
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ACQUA GYM 7.45 / 8.30
ACQUA GYM 8.30 / 9.15
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