	MATTINO					POMERIGGIO				SERA						
lun	ACQUA GYM 7.30 / 8.15	ACQUA SENIOR 8.20 / 9.05	GYM BIKE 9.05 / 9.50			GYM GEST 12.30 / 13.15	ACQUA GYM 14.15 / 15.00		ACQUA SENIOR 15.00 / 15.45	EXTRA GYM 18.50 / 19.35	PILATES 19.15 / 19.55	ACQUA BIKE / ACQUA ANTALGICA 19.35 / 20.20	ACQUA ANTALGICA 20.15 / 20.55	NUOTO adulti 3° livello 20.20 / 21.00		GYM BIKE CIRCUITS 21.00 / 21.45
mar		ACQUA SENIOR / NUOTO adulti 3° livello 8.25 / 9.20	GYM BIKE 9.10 / 9.55	ACQUA SENIOR / ACQUA ANTALGICA 10.00 / 10.45	ACQUA SENIOR / ACQUA ANTALGICA 10.40-45 / 11.20-30	ACQUA ANTALGICA 12.15 / 12.55	GYM BIKE 12.55 / 13.40			GYM BIKE / ACQUA PILATES 18.50 / 19.35		GYM BIKE / ACQUA GYM 19.35 / 20.20		GYM BIKE 20.20 / 21.05		
mer	ACQUA GYM 8.25 / 9.10	EXTRA GYM 9.10 / 9.55	ACQUA SENIOR 10.00 / 10.45	ACQUA SENIOR 10.45 / 11.30	ACQUA GEST 12.30 / 13.15	ACQUA PILATES 12.45 / 13.30	ACQUA PILATES 13.30 / 14.15	GYM BIKE 14.20 / 15.05	GINNASTICA INTIMA 13.30 / 14.10	EXTRA GYM / ACQUA GEST 18.50 / 19.35	PILATES 19.10 / 19.50	NUOTO adulti base / ACQUA ANTALGICA 19.35 / 20.15	YOGA 19.55 / 21.10	ACQUA ANTALGICA 20.15 / 20.55	ACQUA GYM 20.15 / 21.00	NUOTO GYM 21.00 / 21.45
gio	ACQUA ANTALGICA 8.25 / 9.10	GYM BIKE 9.10 / 9.55	ACQUA SENIOR 10.00 / 10.45	ACQUA SENIOR 10.45 / 11.30		GYM BIKE 12.55 / 13.40	ACQUA SENIOR 14.15 / 15.00	ACQUA SENIOR 15.00 / 15.45		GYM GEST 18.50 / 19.35	EXTRA GYM 18.50 / 19.35	PILATES 19.15 / 19.55	NUOTO adulti 3° livello / GYM GEST 19.35 / 20.20	ACQUA BIKE 20.15 / 21.00		
ven	ACQUA PILATES 7.30 / 8.15	ACQUA SENIOR / ACQUA ANTALGICA 8.25 / 9.15	ACQUA PILATES 9.10 / 9.55 / ACQUA ANTALGICA 9.15 / 9.45	ACQUA ANTALGICA 9.45 / 10.25	ACQUA SENIOR 10.00 / 10.45	GYM BIKE 12.55 / 13.40			ACQUA SENIOR 15.00 / 15.45	GYM BIKE 18.50 / 19.35	GYM BIKE 19.35 / 20.20					
sab	ACQUA GYM 7.45 / 8.30	ACQUA GYM 8.30 / 9.15														
dom																