	MATTINO				POMERIGGIO		SERA				
lun	ACQUA SENIOR 8.20 / 9.05	GYM BIKE 9.05 / 9.50			GYM GEST 12.30 / 13.15	ACQUA GYM 14.15	EXTRA GYM 18.50 / 19.35	PILATES 19.15 / 19.55	ACQUA BIKE / ACQUA ANTALGICA 19.35 / 20.20	ACQUA ANTALGICA 20.15 / 20.55	NUOTO adulti 3° livello 20.20 / 21.00	GYM BIKE CIRCUITS 21.00 / 21.45
mar	ACQUA ANTALGICA / NUOTO adulti 3° livello 8.25 / 9.20	GYM BIKE 9.10 / 9.55	ACQUA SENIOR / ACQUA ANTALGICA 10.00 / 10.45		GYM BIKE 12.55 / 13.40		GYM BIKE 18.50 / 19.35	GYM BIKE 19.35 / 20.20				
mer	ACQUA GYM 8.25 / 9.10	ACQUAFIT DANCE 9.10 / 9.55	ACQUA SENIOR 10.00 / 10.45	ACQUA GEST 12.30 / 13.15	ACQUA PILATES 13.30 / 14.15	GYM BIKE 14.15 / 15.05	EXTRA GYM / ACQUA GEST 18.50 / 19.35	YOGA 19.55 / 21.10	ACQUA GYM 20.15 / 21.00			
gio	ACQUA SENIOR 8.25 / 9.10	GYM BIKE 9.10 / 9.55			GYM BIKE 12.55 / 13.40	ACQUA SENIOR 14.15 / 15.00	GYM GEST 18.50 / 19.35	EXTRA GYM 18.50 / 19.35	GYM GEST 19.35 / 20.20	ACQUA BIKE 20.15 / 21.00		
ven	ACQUA SENIOR / ACQUA ANTALGICA 8.25 / 9.10	ACQUA PILATES / ACQUA ANTALGICA 9.10 / 9.55			GYM BIKE 12.55 / 13.40		GYM BIKE 18.50 / 19.35	ACQUA ANTALGICA 18.10 / 19.30	GYM BIKE 19.35 / 20.20			
sab	ACQUA GYM 7.45 / 8.30	ACQUA GYM 8.30 / 9.15										
dom												